

DRAW STROKE MASTERY (DRAWSTROKEMASTERY.COM) ASSESSMENT

Taken: (Date/Time/Location)	
Gun Used: (Real Firearm/Airsoft/Pellet Gun/ SIRT/CoolFire/Other)	
Target Used:	
Shot Timer Used:	
Type of Concealment:	
Safety Precautions Taken:	Verify and check all boxes before proceeding. (Using a real firearm? List your other precautions by the 4th box. See DryFireCards.com/safety .)
<input type="checkbox"/>	Verify ammo cleared from training area & secured.
<input type="checkbox"/>	Verify safe backstop if real firearm hasn't been rendered inert. Verify before each rep throughout.
<input type="checkbox"/>	Verify no distractions.
<input type="checkbox"/>	
Helpful Hints:	<ul style="list-style-type: none"> • It's easier if you can hear or see a flash for each rep. • You can use any combination of iron sights, laser sights, red dot, or boresight. (Note where the laser/boresight is pointed in relation to your sights. Rail mounted lasers will be low at close ranges. Bore sights are notoriously inaccurate and may shift during training.)
Record:	Document your course of fire in front of the video camera on your phone, web cam, or video recorder. (If you carry concealed, do your reps without concealment first, then with.)
Drill 1	<ul style="list-style-type: none"> ♦ Stand 10 feet from the camera so you can see the top of your head and below the grip of your gun. ♦ Face the camera and do 3 dry fire draws and trigger presses, aiming at the center of the camera lens at a comfortable (not fast) pace.
Drill 2	<ul style="list-style-type: none"> ♦ Still at 10 feet from the camera, turn 90 degrees so that your shooting shoulder is closest to the camera. ♦ Do 3 dry fire draws and trigger presses, aiming at an imaginary target at eye level 6-10 feet away.
Drill 3	<p>You'll want a target and shot timer for this drill. You can use our print-at-home targets or any other target. You can use any timer. Note what you use today in the spaces above for future reference. (Handy hint... Some apps, like the "free shot timer" app, seem to record quicker times than traditional shot timers. Accurately comparing stats taken with different timers may be difficult.)</p> <ul style="list-style-type: none"> ♦ Stand 6-10 feet from the target. Record your chosen distance from the target here _____. ♦ You can either poke a hole in your target and tape it to your phone (double over some scotch tape), OR set up your camera behind you and off to your shooting side so you can see the top of your head, your hands when they are hanging, and your target.
Standard of Accuracy: (1", 2", 8", 8.5" x 11", 4.25" x 5.5", etc.)	<ul style="list-style-type: none"> ♦ Define your standard of accuracy and record here _____. ♦ Set your par timer to 3 seconds and the delay in the 2-3 second range. ♦ Hit the start button, drop your hands to your sides, and when the beeper first sounds, draw and dry fire engage your target before the par beep sounds. (Please Note: You MUST honestly assess whether your muzzle is pointed at the target when the trigger breaks AND if you do it before the par time sounds. Looking at video after the fact can help with this.)
Fastest Speed within Par Time: (5 out of 5 in a Row)	<ul style="list-style-type: none"> ♦ Speed up or slow down the par timer with each shot until you find the fastest speed that you can hit your target within the par time 5 out of 5 times in a row. Record here _____.
Fastest Speed Concealed: (5 out of 5 in a Row Concealed)	<ul style="list-style-type: none"> ♦ To gauge the difference for concealment, repeat the process. Record your fastest concealed speed hitting your target within the par time 5 out of 5 times in a row here _____.
	<ul style="list-style-type: none"> ♦ Keep your recording(s) and your times as a baseline to compare with your results as you progress through and complete the training. If you're on social media, share it with me at facebook.com/DryFireTrainingCards or tag @dryfiretrainingcards. © 2018-2022 DryFireTrainingCards.com